



## Forest School Clothing list

You will be informed which day your child has Forest School sessions, on this day please ensure they bring in clothing from this list according to the weather conditions.

### Cold weather

Dressing in layers enables children to remove clothes if they become too warm during an activity and to replace them once they have cooled down.

**We recommend:** a vest, a long sleeved T-shirt and a jumper/ sweatshirt, and tights or thermals worn under warm trousers or leggings.

### Outer wear

Coat- preferably showerproof and not restrictive of movement

Hat

Gloves

Warm socks

Sturdy boots or shoes

Snood

### Warm weather

**We recommend:** lightweight long sleeved tops and trousers or leggings to help protect against insect bites, sunburn and grazes. Please apply sun cream in the morning before school.

Children taking part in afternoon sessions should be able to apply their own sun cream to their faces independently before going outside.

Sun hat

Sturdy shoes

Jumper/ sweatshirt / cardigan

### Wet weather

Waterproofs - to be provided by school

Wellington boots

Waterproof gloves/mittens

Spare socks

### Changeable Weather

Children taking part in Forest School should have all they need to keep warm, dry and comfortable for learning and playing whatever the weather.

The nature of Forest School activities means that clothes are likely to get muddy and possibly get holes in them.

Children's clothes should be in suitable bag and all items should be named.

Parents and carers having difficulty in supplying suitable clothing for their child should speak to Mrs Carter.