



# PSHE Curriculum Statement

## Intent

We believe Personal, Social and Health Education and Citizenship should help to give our pupils the knowledge, skills and understanding they need to live confident, healthy, independent lives and to become informed, active, responsible citizens. It should equip pupils to live healthy, safe and balanced lives by developing the attributes and qualities they need to thrive as individuals, family members and members of society.

## Implementation

### PSHE Provision

Personal, Social and Health Education pervades all aspects of school life. It is reflected in the ethos of the school, the nature of relationships between staff, pupils and parents, the displays in school and the outside environment of the school. PSHE is taught in the following ways...

- in the classroom as a discrete subject
- in the classroom as part of the broader curriculum
- in assemblies
- on school visits and residential
- by visitors to school
- through curriculum enrichment. For example, raising money for charity or taking part in local community ventures

### Content

Specific units of work using PSHE Association materials are taught as a spiral curriculum where prior learning is revisited, reinforced and extended in age and stage appropriate context.

#### Key Stage 1 and 2

	Autumn	Spring	Summer
Year A	Health and Wellbeing	Relationships	Living in the Wider World
Year B	Health and Wellbeing	Relationships	Living in the Wider World

Sessions from **Cambridge PSHE Unit of work Conflict Resolution** are taught each term and the lessons learnt applied with all children to support Restorative Approaches conversations. PSHE association mental health units of study are used.

EYFS

	Autumn	Spring	Summer
	<b>Golden Rules- Jenny Mosley</b> We are gentle, we don't hurt others We work hard, we don't waste time We are kind and helpful, we don't hurt anybody's feelings We listen, we don't interrupt We look after property, we don't damage things We are honest, we don't cover up the truth 'All about me' boxes	Conflict Resolution	Developing emotional literacy Preparing for transition

### Values Education

A value is chosen each month, taught in assemblies and discussed in class. This value is shared with parents in a letter so that principles of this value can be followed both at home and school.

### PSHE in the broader curriculum

Many aspects of PSHE are taught as part of other curriculum area.

<b>Literacy</b>	Skills in enquiry and communication. Use of stories which illustrate aspects of PSHE
<b>Numeracy</b>	Aspects- understanding money, buying and selling, sharing.
<b>Science</b>	Health, medicines/drugs, the human body and the environment KS1 units- Living things including humans/ Plants/ animals and their environment/observing Change KS2 units Human skeleton and teeth/ animals and habitats
<b>Religious Education</b>	Religious and moral beliefs, values and practices that underpin and influence personal and social issues and relationships. KS1- How do we show we care for others? Why should we care for the earth? Who is an inspiring person? KS2 How and Why do people try to make the world a better place? Life as a Journey – significant events
<b>PE</b>	teaching and learning about health and safety, development of personal and social skills through team and individual activities, promotion of healthy lifestyles and the importance of exercise.
<b>History</b>	looking at reasons behind historical events, changes and diversity within society, significant people, events, ideas and experiences of people
<b>Geography</b>	topical issues concerning the environment, study of own locality and the wider world, including less economically developed countries.
<b>IT</b>	E safety- how to communicate with others online in a safe way
<b>Art</b>	reflecting on and responding to ideas and experiences communicated through works of art, craft and design from different times and cultures

<b>Design</b>	health and safety, healthy eating, use of technology
<b>Music</b>	making the most of abilities in playing and singing, cultural diversity,

### **Extended Curriculum Opportunities for PSHE**

Special weeks and events- Fairtrade Week / Health Week / Science Week/ Eco Week/ Anti-bullying week

Visits to Hazard Alley Milton Keynes

Assemblies and workshops in association with NSPCC

Charity fund raising

Enterprise events

Pupils Voice through the work of the School council and eco council

In accordance with guidance from the PSHE Association Programme of Study there are 3 core themes; though content of teaching will mean that at times these themes overlap...

1. Health and Wellbeing
2. Relationships
3. Living in the wider World

Content of PSHE lessons should be relevant to our pupils and their current needs and since needs change the programme of study is devised to have flexibility. Suggested learning opportunities for each theme are attached so that in planning teachers can select content which reflect their pupils needs.

### **Concepts skills and attributes**

The learning opportunities in PSHE provide a context through which to develop skills and attributes and to enrich their understanding of key concepts of...

1. Identity
2. Relationships
3. A healthy balanced lifestyle
4. Risk and safety
5. Diversity and equality
6. Rights and responsibilities
7. Change and resilience
8. Power
9. Career

Essential skills and attributes in personal effectiveness, interpersonal and social effectiveness and managing risk and decision making are detailed on the next pages.

## **Impact**

### **Children will:**

- develop confidence, resilience and self-esteem
- develop healthy and safe lifestyles and understand how to help keep others safe
- make informed decisions and understand what influences their decisions
- understand and cope with difference and change and make effective transitions
- manage emotions and communicate constructively in a variety of settings
- develop an understanding of themselves
- develop empathy and an ability to work with others
- make and maintain good relationships
- identify and manage risks
- have the opportunity to reflect on and clarify their values and explore the sometimes conflicting range of values and attitudes they will encounter in the future
- develop understanding and ability to achieve economic wellbeing
- understand their own and others' rights and responsibilities in the school community and the wider world
- be prepared to play an active role as responsible citizens in a democratic society.

### **Assessment**

Assessment of learning in PSHE uses baseline assessment which is compared to end of lesson/unit assessment.

The benchmark against which progress is measured is the pupil's own starting point. Self-assessment and personal reflection is vital in PHSE since pupils themselves are the only ones able to judge their development in skills and attributes e.g. Self-confidence or self-assertiveness  
Suggestions of a variety of baseline assessments which can be used are on the next pages and in the **Primary Toolkit**.